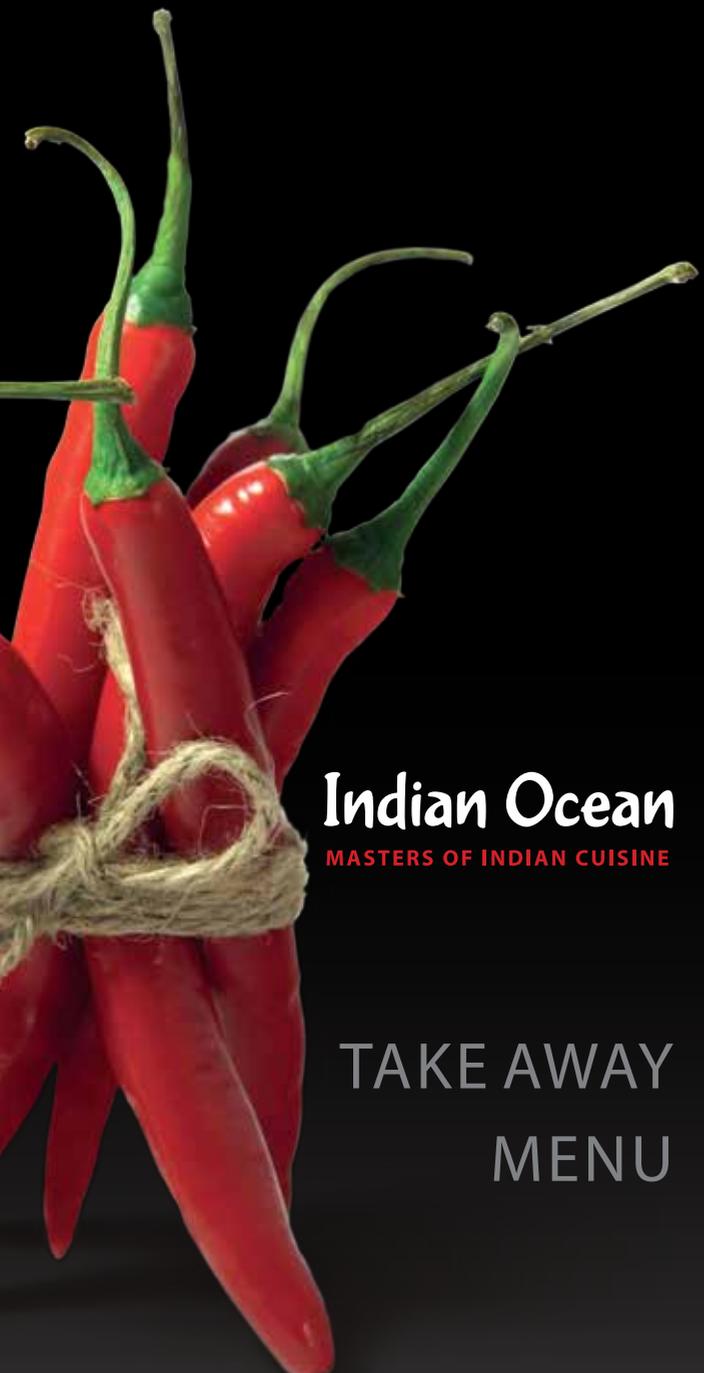


The finest contemporary Indian cuisine



**Indian Ocean**  
MASTERS OF INDIAN CUISINE

TAKE AWAY  
MENU

www.indianoceanrestaurant.co.uk

## Starters

Served with mint sauce and salad.

<b>SAMOSA</b>	£3.85
Triangular shaped pastry filled with spicy minced meat or  vegetables	
<b>ONION BHAJI</b>	£3.85
Sliced onions in a spicy batter, deep fried	
<b>SHEEK KEBAB</b> (Minced meat)	£3.95
Medium spiced and skewered in a clay oven	
<b>CHICKEN TIKKA</b> (Off the bone)	£3.95
Tender chicken marinated in spices, grilled in a clay oven	
<b>LAMB TIKKA</b> (Off the bone)	£3.95
Marinated spiced and grilled in a clay oven	
<b>TANDOORI CHICKEN</b> (On the bone)	£3.95
Spring chicken marinated in herbs, spices and cooked in a clay oven	
<b>NARGIS KEBAB</b>	£3.95
Boiled egg covered with spicy minced meat skewered in a clay oven. Served with massala sauce on top	
<b>BHUNA PRAWN ON PUREE</b>	£4.50
<b>MIXED KEBAB</b>	£4.95

## Tandoori Sizzling Dishes

All Tandoori dishes are grilled in a clay oven and marinated in yoghurt with mild spices and herbs. Served with mint sauce and salad.

<b>TANDOORI CHICKEN</b> (On the bone)	£9.95
Tender chicken marinated with herbs and spices, grilled in a clay oven	
<b>CHICKEN TIKKA</b> (Off the bone)	£9.95
Tender chicken marinated in spices, grilled in a clay oven	
<b>CHICKEN SHASLICK</b>	£9.95
Chicken pieces flavoured with special spices, cooked onion, capsicum and tomatoes	
<b>LAMB TIKKA</b>	£10.95
Tender lamb marinated in spices, grilled in a clay oven	
<b>FISH TIKKA</b>	£11.95
Mildly spiced fish, grilled in a clay oven	
<b>KING PRAWN TIKKA</b>	£12.95
Mildly spiced king prawn, grilled in a clay oven	
<b>TANDOORI MIXED GRILL</b>	£12.95
Pieces of Tandoori chicken, chicken tikka, lamb tikka and sheek kebab served with salad	

## Dazarling

If you like minced meat, this very tasty dish is for you.

<b>CHICKEN DAZARLING</b>	£9.95
<b>LAMB DAZARLING</b>	£9.95
<b>KING PRAWN DAZARLING</b>	£11.95

## Curry

Curry, meaning spicy sauce, is used to refer to any number of hot or spicy based dishes, we have used a few selections of curries with different taste.

<b>VEGETABLE</b>	£5.95	<b>PRAWN</b>	£6.95
<b>CHICKEN</b>	£6.95	<b>FISH TIKKA</b>	£11.95
<b>LAMB</b>	£7.95	<b>KING PRAWN</b>	£12.95
<b>CHICKEN TIKKA</b>	£7.95		

### KORMA

A delicate preparation of yoghurt, cream and spices, producing a very mild and sweet creamy sauce

### DO-PIAZA

Diced pieces of onion spiced to produce a taste that is of medium strength

### BHUNA

A garnished dish with onion, garlic, tomato and selected spices

### ROUGHAN JOSH

A special preparation with garlic, tomato, chilli and selected spices

### PATHIA

Garlic, onion, tomato purée, red chilli, sugar and lemon. A hot, sweet and sour taste

### MADRAS

Most popular dish of South Indian origin. A rich, fairly hot taste prepared extensively with garlic, chilli and tomato purée

### PHINDI

A dish of South Indian origin. A rich, fairly hot taste. Prepared with garlic, chilli and tomato purée with egg

### VINDALOO

South Indian dish known for its fiery, fabulously rich, hot taste. Served with potatoes. Lemon, ginger and red chillies are a few of the spices added. Only suitable for people with a strong constitution

### CEYLON

Coconut, black pepper, lemon spices, sugar and milk. A hot sweet and sour taste

### DHANSAK

A combination of spices with lentils, garlic, lemon and sugar, producing a hot sweet and sour taste

### SPINACH (SAG)

Spinach prepared with garlic, tomato and onion. Producing a rich medium hot and fairly dry texture

## Tandoori Massala Dishes

Cooked in a delicately flavoured creamy sauce.

<b>VEGETABLE MASSALA</b>	£6.95
<b>CHICKEN TIKKA MASSALA</b>	£8.95
Boneless barbecued spring chicken cooked in a specially prepared, delicately flavoured sauce	
<b>LAMB TIKKA MASSALA</b>	£8.95
Tender lamb pieces cooked in a specially prepared, delicately flavoured sauce	
<b>KING PRAWN TIKKA MASSALA</b>	£12.95

## Recommended Specials

<b>VEGETABLE</b>	£5.95	<b>LAMB TIKKA</b>	£9.95
<b>CHICKEN</b>	£7.95	<b>PRAWN</b>	£9.95
<b>CHICKEN TIKKA</b>	£8.95	<b>KING PRAWN</b>	£12.95
<b>LAMB</b>	£8.95	<b>FISH TIKKA</b>	£12.95

### BALTI

A blend of rich spices and onions, served in an iron wok

### JHAL-FREZI

Diced pieces of onion cooked in a hot chilli sauce with garlic. Lightly fried with sliced green chillies

### PASSANDA

Cooked in wine, a delicate preparation of yoghurt, cream, nuts and spices producing a rich creamy texture

### KARAI

Flavoured with green peppers, tomatoes and spices. Garnished with fresh garlic and coriander

### SPECIAL DIETS

Contains nuts	Contains coconuts	Contains eggs
Contains dairy	Contains mustard	
Contains gluten	Suitable for vegetarians	

Anyone who requires a special diet should check ingredients with us before ordering

Mild/Creamy	Medium Hot	Hot	Very Hot
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## Indian Ocean Specials

All dishes cooked with chicken tikka or lamb tikka

Chicken Lamb

**GARLIC CHILLI** £9.95 | £10.95

Cooked with green chilli, garlic, tomato and special spices

**CHILLI TIKKA MASSALA** £9.95 | £10.95

Cooked in the Tandoori, fried with green chillies, a delicately flavoured dish in a creamy sauce

## Birianies

Originating from Central Asia, these rich, very aromatic mild dishes made of special saffron rice, spiced ghee and served with vegetable curry, suits almost every kind of taste. (Includes a vegetable side dish).

VEGETABLE	£8.95	PRAWN	£10.95
MUSHROOM	£8.95	CHICKEN TIKKA	£11.95
CHICKEN	£9.95	MALAYA CHICKEN	£11.95
LAMB	£10.95	Pineapple and lychee	
		KING PRAWN	£12.95

## Rice

PLAIN £2.25

PILAU (Saffron) £2.50

SPECIAL RICES £2.95

Egg Fried | Special Pilau | Lemon | Coconut | Mushroom | Vegetable | Onion or Keema Fried rice with minced meat

## Bread

PAPADOM £0.70

MASSALA PAPADOM £0.80

CHAPATI Thin wheat bread £2.25

PARATHA Bread baked with butter, fried in ghee £2.25

EGG PARATHA £3.25

NAN Soft bread baked in the Tandoori oven £2.50

KEEMA NAN With minced meat £3.50

PESHWARI NAN Fruity with coconut/cream £3.50

GARLIC NAN £3.50

## Pickles

Lime Pickle | Chilli Pickle | Mango Chutney or Onion Salad £0.60 per portion.

RAITA Onion or cucumber £2.00

## Vegetable Bhaji Dishes

Side Dish Main

VEGETABLE £3.95 | £5.95

MUSHROOM £3.95 | £5.95

BHINDI Okra cooked with spices £3.95 | £5.95

CAULIFLOWER £3.95 | £5.95

TARKA DAL £3.95 | £5.95

Lentils cooked with special spices and fried garlic

CHANA Chick peas £3.95 | £5.95

ALOO GOBI Potato and cauliflower cooked in spices £3.95 | £5.95

BOMBAY POTATOES £3.95 | £5.95

SAG Spinach cooked with herbs and spices £3.95 | £5.95

SAG ALOO Spinach cooked with potatoes £3.95 | £5.95

SAG PANEER Spinach cooked with Indian cheese £4.95 | £6.95

MATTAR PANEER Green peas and Indian cheese £4.95 | £6.95

CHANA PANEER Chick peas and Indian cheese £4.95 | £6.95

GREEN SALAD £2.95 | £4.95



## Set Menu A for 2 people £12.50 per person (Save £9.55)

### Starters

ONION BHAJI Sliced onions in a spicy batter, deep fried

SHEEK KEBAB (Minced meat)

Medium spiced and skewered in a clay oven

2 PAPADOMS

### Main Courses

CHICKEN MADRAS Most popular dish of South Indian origin. A rich, fairly hot taste prepared extensively with garlic, chilli and tomato purée

or CHICKEN KORMA A delicate preparation of yoghurt, cream and spices, producing a very mild and sweet creamy sauce

### Side Dishes

SAG ALOO Spinach cooked with potatoes

2 PLAIN RICE

NAN Soft bread baked in the Tandoori oven

## Set Menu B for 2 people £14 per person (Save £10.55)

### Starters

CHICKEN TIKKA (Off the bone)

Tender chicken marinated in spices, grilled in a clay oven

VEGETABLE SAMOSA

Triangular shaped pastry filled with vegetables

2 PAPADOMS

### Main Courses

CHICKEN TIKKA MASSALA Boneless barbecued spring chicken cooked in a specially prepared, delicately flavoured sauce

or LAMB BHUNA A garnished dish with onion, garlic, tomato and selected spices

### Side Dishes

SAG ALOO Spinach cooked with potatoes

2 PILAU RICE

PESHWARI NAN Fruity with coconut/cream

## Set Menu C for 2 people £15 per person (Save £9.70)

### Starters

MIXED STARTER (for 2 people) A selection of chicken tikka, lamb tikka, sheek kebab, onion bhaji and papadoms served with mint sauce

### Main Courses

LAMB BALTI A blend of rich spices and onions, served in an iron wok

or CHICKEN PASSANDA Cooked in wine, a delicate preparation of yoghurt, cream, nuts and spices producing a rich creamy texture

### Side Dishes

SAG ALOO Spinach cooked with potatoes

EGG FRIED RICE

PILAU RICE

NAN Soft bread baked in the Tandoori oven

### SPECIAL DIETS

Contains nuts Contains coconuts Contains eggs

Contains dairy Contains mustard

Contains gluten Suitable for vegetarians

Anyone who requires a special diet should check ingredients with us before ordering

Mild/Creamy Medium Hot Hot Very Hot



All major credit cards accepted

FREE home delivery within 4 mile radius minimum order £10  
FREE papadom with every main dish ordered.

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