Takeaway discount excludes Set Menus

Vegetable Bhaji Dishes 🕈 Side Dish **BHINDI** Okra cooked with spices £5.25 £7.95 VEGETABLE £5.25 | £7.95 MUSHROOM £5.25 | £7.95 **CAULIFLOWER** £5.25 | £7.95 TARKA DAI £5.25 £7.95 Lentils cooked with special spices and fried garlic **CHANA** Chick peas £5.25 | £7.95 SAG Spinach cooked with herbs and spices £5.25 | £7.95 SAG ALOO Spinach cooked with potatoes £5.25 | £7.95 ALOO GOBI Potato and cauliflower cooked in spices £5.25 | £7.95 **BOMBAY POTATOES** £5.25 | £7.95 SAG PANEER (1) Spinach cooked with Indian cheese £5.95 | £7.95 MATTAR PANEER (1) Green peas and Indian cheese £5.95 | £7.95 CHANA PANEER (1) Chick peas and Indian cheese £5.95 | £7.95 **GREEN SALAD** £4.95 | £7.95

Set Menu A save £22.80

Starters

ONION BHAJI (N) (a) (a) Sliced onions in a spicy batter, deep fried

£25 for 2 people

SHEEK KEBAB (Minced meat) (1) (1) Medium spiced and skewered in a clay over

2 PAPADOMS (V) 💋 VV

Main Courses

CHICKEN MADRAS (1) Most popular dish of South Indian origin. A rich, fairly hot taste prepared extensively with garlic, chilli and tomato purée

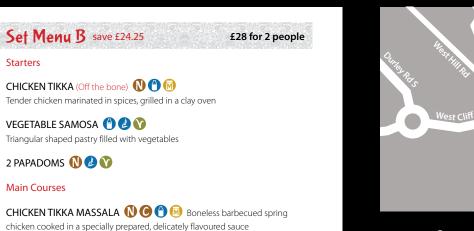
or CHICKEN KORMA (() () A delicate preparation of yoghurt, cream and spices, producing a very mild and sweet creamy sauce

Side Dishes

SAG ALOO Spinach cooked with potatoes

2 PLAIN RICE

NAAN (Soft bread baked in the Tandoori oven



CHICKEN TIKKA MASSALA (1) (6) (1) Boneless barbecued spring

or LAMB BHUNA 1

A garnished dish with onion, garlic, tomato and selected spices

Side Dishes

SAG ALOO Spinach cooked with potatoes

2 PILAU RICE

PESHWARI NAAN () () () Fruity with coconut/cream



£30 for 2 people

Starters

MIXED STARTER (for 2 people) (1) (a) (b) (b) A selection of chicken tikka, lamb tikka, sheek kebab, onion bhaji and papadoms served with mint sauce

Main Courses

LAMB BALTI () M A blend of rich spices and onions, served in an iron wok

or CHICKEN PASSANDA (1) (1) Cooked in wine, a delicate preparation of yoghurt, cream, nuts and spices producing a rich creamy texture

Side Dishes

SAG ALOO Y Spinach cooked with potatoes

EGG FRIED RICE

PILAU RICE

NAAN (Soft bread baked in the Tandoori oven

30% Discount on all takeaway orders



Car parking within a 4-minute walk FREE delivery within 4 miles – minimum order £10 FREE papadom with every main dish ordered Non-contact delivery available

indianoceanrestaurant.co.uk

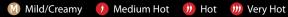
01202 311222

4 West Cliff Road Bournemouth BH2 5EY

Open 7 days a week including Bank Holidays Orders taken from 5pm



Anyone with special dietary needs should check ingredients with us when ordering











Indian Ocean

MASTERS OF INDIAN CUISINE

Takeaway Menu

Special Offer

30% Discount on all takeaway orders

Excludes Set Menus

Non-Contact Delivery Offered

Indian Ocean

Starters Served with mint sauce and salad. SAMOSA 🥬 £4.95 Triangular shaped pastry filled with spicy minced meat or vegetables ONION BHAJI NOM P £4.95 Sliced onions in a spicy batter, deep fried SHEEK KEBAB (Minced meat) (N) (M) £5.50 Medium spiced and skewered in a clay oven CHICKEN TIKKA (Off the bone) (1) (1) £5.50 Tender chicken marinated in spices, grilled in a clay oven LAMB TIKKA (Off the bone) (1) (1) £5.50 Marinated spiced and grilled in a clay oven TANDOORI CHICKEN (On the bone) (1) (M) £5.50 Spring chicken marinated in herbs, spices and cooked in a clay oven NARGIS KEBAB (1) (2) (1) (1) £5.50 Boiled egg covered with spicy minced meat skewered in a clay oven. Served with massala sauce on top BHUNA PRAWN ON PUREE £5.95 MIXED KEBAB () () () () £6.95 Tandoori Sizzling Dishes All Tandoori dishes are grilled in a clay oven and marinated in yoghurt with mild spices and herbs. Served with mint sauce and salad. TANDOORI CHICKEN (On the bone) (1) (1) £12.95 Tender chicken marinated with herbs and spices, grilled in a clay oven CHICKEN TIKKA (Off the bone) (1) (1) £12.95 Tender chicken marinated in spices, grilled in a clay oven LAMB TIKKA (1) (1) £13.95 Tender lamb marinated in spices, grilled in a clay oven CHICKEN SHASLICK (V) (*) £13.95 Chicken pieces flavoured with special spices, cooked onion, capsicum and tomatoes FISH TIKKA (1) (1) £13.95 Mildly spiced fish, grilled in a clay oven KING PRAWN TIKKA (V) (1) £14.95 Mildly spiced king prawn, grilled in a clay oven TANDOORI MIXED GRILL (1) (1) £15.95 Pieces of Tandoori chicken, chicken tikka, lamb tikka and sheek kebab served with salad

Dazarling

If you like minced meat, this very tasty dish is for you.

CHICKEN DAZARLING 🚺 🕝 🕅	£13.95
AMB DAZARLING 🚺 🕟 🕅	£13.95
(ING PRAWN DAZARLING 🚺 🙆 🕅	£15.95

Curry

Curry, meaning spicy sauce, is used to refer to any number of hot or spicy based dishes, we have used a few selections of curries with different taste.

VEGETABLE 🕜	£7.95	PRAWN	£10.95
CHICKEN	£9.95	FISH TIKKA 🚺 🕅	£13.95
CHICKEN TIKKA 🚺 🕅	£10.95	KING PRAWN	£14.95
LAMB	£10.95		

KORMA W 🕝 🖰

A delicate preparation of yoghurt, cream and spices, producing a very mild and sweet creamy sauce

DO-PIAZA 🕖

Diced pieces of onion spiced to produce a taste that is of medium strength

BHUNA 🕖

A garnished dish with onion, garlic, tomato and selected spices

ROUGHAN JOSH 1

A special preparation with garlic, tomato, chilli and selected spices

PATHIA 🕖

Garlic, onion, tomato purée, red chilli, sugar and lemon. A hot, sweet and sour taste

MADRAS 💯

Most popular dish of South Indian origin. A rich, fairly hot taste prepared extensively with garlic, chilli and tomato purée

PHINDI ()

A dish of South Indian origin. A rich, fairly hot taste. Prepared with garlic, chilli and tomato purée with egg

VINDALOO 💯

South Indian dish known for its fiery, fabulously rich, hot taste. Served with potatoes. Lemon, ginger and red chillies are a few of the spices added.

Only suitable for people with a strong constitution

CEYLON 🕖 🕝

Coconut, black pepper, lemon spices, sugar and milk. A hot sweet and sour taste

DHANSAK 💯

A combination of spices with lentils, garlic, lemon and sugar, producing a hot sweet and sour taste

SPINACH (SAG) 🕖

Spinach prepared with garlic, tomato and onion. Producing a rich medium hot and fairly dry texture

Tandoori Massala Dishes

Cooked in a delicately flavoured creamy sauce.

VEGETABLE MASSALA 🚺 🙆 🖰 🕅 😯	£10.95
-----------------------------	--------

CHICKEN TIKKA MASSALA 🔰 🕖 🗂 М	£12.9
Boneless barbecued spring chicken cooked in a specially prepared,	
delicately flavoured sauce	

LAMB TIKKA MASSALA 🚺 🕝 🖰 🕅	£12.95
Tender lamb pieces cooked in a specially prepared, delicately flavoured	sauce

KING PRAWN TIKKA MASSALA		£14.95
--------------------------	--	--------

Recommended Specials

VEGETABLE 🕜	£10.95		£13.95
LAMB	£11.95	FISH TIKKA 🚺 🔞	£14.95
CHICKEN	£12.95	KING PRAWN	£14.95
CHICKEN TIKKA 🚺 🕅	£13.95		

BALTI 🚺 🕅

A blend of rich spices and onions, served in an iron wok

JHAL-FREZI 🕖

Diced pieces of onion cooked in a hot chill isauce with garlic. Lightly fried with sliced green chillies

PASSANDA W (V 🕒 🖰

Cooked in wine, a delicate preparation of yoghurt, cream, nuts and spices producing a rich creamy texture

Karai

Flavoured with green peppers, tomatoes and spices. Garnished with fresh garlic and coriander

Indian Ocean Specials

ΑII	aisnes	cookea	with	cnicken	тікка	or	ıamp	tikka

GARLIC CHILLI 🕖 🚺 📶	£14.95	£14.95
Cooked with green chillingarlic tomato and special spices		

Lamb

Looked with green chilli, garlic, tomato and special spices

Cooked in the Tandoori, fried with green chillies, a delicately flavoured dish in a creamy sauce

Birianies

Originating from Central Asia, these rich, very aromatic mild dishes made of special saffron rice, spiced ghee and served with vegetable curry, suits almost every kind of taste. (Includes a vegetable side dish).

VEGETABLE 🕜	£11.95	CHICKEN TIKKA 🚺 🕅	£13.95
MUSHROOM 🕜	£11.95	MALAYA CHICKEN	£13.95
CHICKEN	£12.95	Pineapple and lychee	
LAMB	£12.95	KING PRAWN	£15.95
PRAWN	£13.95		

Rice	
PLAIN	£2.95
PILAU (Saffron)	£3.95
SPECIAL RICES Egg Fried Special Pilau Lemon Cocc Vegetable Onion or Keema	

Bread PAPADOM (1) £0.90 MASSALA PAPADOM 🚺 💋 🕥 £0.90 CHAPATI 🔑 🕥 Thin wheat bread £2.95 NAAN () () Soft bread baked in the Tandoori oven £2.50 PARATHA Bread baked with butter, fried in ghee £2.50 PESHWARI NAAN () () () Fruity with coconut/cream £2.95 KEEMA NAAN () () () () With minced meat £2.95 GARLIC NAAN (a) (1) (2) (1) £2.95 EGG PARATHA 🙆 🖰 🥬 🕥 £2.95

Pickles 0 0 0	
	per portion.
Lima Diekla Chilli Diekla Manga Chutney ar Onian Calad	CO 00

Lime Pickle | Chilli Pickle | Mango Chutney or Onion Salad £0.90

RAITA Onion or cucumber £2.00